



**ISLAMIC UNIVERSITY OF SCIENCE & TECHNOLOGY  
AWANTIPORA, KASHMIR.**

**OFFICE OF THE DEAN OUTREACH**

**NOTICE**

This is for the information of all faculty, staff, scholars and students that the Centre for Wellness Health (CWH) has been established in IUST to address cases of anxiety and depression in particular. In this regard, a weekly roster has been framed to avail of the services to be provided by qualified counsellors w.e.f 2<sup>nd</sup> of April 2024 at Centre for Wellness Health in **Academic Block VI** (Ground Floor) IUST:

<b>Day</b>	<b>Timing</b>	<b>Name of the Counsellors</b>
Tuesday	1:00 – 3:00 Pm	Faculty from SMMCN & MT
Wednesday		Faculty from AMCN& MT
Thursday		Dr. Zahida Rasool

Sd/-  
**Dean Outreach**

*No: IUST/DOR/Roster Wellness Health/24/74*

*Dated: 1<sup>st</sup> April 2024*