



ISLAMIC UNIVERSITY OF SCIENCE & TECHNOLOGY AWANTIPORA, KASHMIR.

Nursing Colleges of IUST commemorate World Health Day

Awantipora April 09: With the aim to commemorate the World Health Day, Nursing Colleges of Islamic University of Science and Technology (IUST) organized two seminars here on Thursday with the special focus of this year's theme 'Building a Fairer, Healthier World'.

During the seminar held at Alamdaar College of Nursing and Medical Technology of IUST, Principal of the college Prof Mehmooda Regu called for collective approach in eliminating health inequities, in order to bring people together to build a fairer and healthier world. The seminar also highlighted WHO'S constitutional principles that "the enjoyment of highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition". The seminar also focused on Covid -19 which has hit all countries hard, however its impact has been hardest on those communities which were already vulnerable, who are more exposed to the diseases. During the seminar poster exhibition was also held.

During the seminar held at Syed Mantaqi Memorial College of Nursing and Medical Technology (SMMCNMT), Dean Academic Affairs, Prof. A M Shah who was the Chief Guest on the occasion emphasized the importance of good health and highlighted the social and emotional impact of Covid 19. He emphasized that there should be fairer and equitable distribution of health care facilities.

While addressing the participants, Registrar IUST Prof. Naseer Iqbal emphasized that health care institutions including nursing institutions should be given first and foremost importance, as health is the most valuable asset of every individual.

Speaking on the occasion, Dy. Director Health Services Scheme Kashmir, Dr. Ab. Rashid Najar who was the Guest of honour highlighted the importance of joint effort to end inequality, as every soul is individualized to achieve better life standards.

Sr. Consultant JLNH Hospital, Dr. Syed Arif Hussain highlighted the risk factors for pain and its cure. Earlier, Principal SMMCNMT Ms. Asmat Parveen highlighted the importance of public health services and health care resources. "Nurses are the frontline healthcare workers especially during tough times like COVID and more focus should be laid on providing quality education to nursing students", she added.

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