



Islamic University of Science & Technology
Kashmir
Office of the Dean of Students

To : All Deans / Heads / Principals / In-Charge Departments / Centers / Offices.

Subject : Awareness and Screening Programme on "Polycystic Ovarian Syndrome (PCOS)".

Sir / Madam,

The University Health Centre, Islamic University of Science & Technology (IUST), in collaboration with the Offices of the Dean of Students and Dean Outreach, is organizing an **Awareness and Screening Programme on "Polycystic Ovarian Syndrome (PCOS)"**.

The programme aims to create awareness among female faculty (teaching and non-teaching) / staff / students / interns / MTS and other stakeholders regarding PCOS, its early symptoms / preventive measures and timely management. The awareness session and screening will be conducted by experts from SKIMS Soura and SKIMS Bemina to promote early detection and appropriate medical guidance.

In this regard, all Deans / Heads / Principals / In-Charge Departments / Centres / Offices are requested to disseminate this information among the female members of their respective departments / offices / centers and encourage their participation as per the following schedule:

- ❖ **Venue** : Nund Rishi Auditorium (AB – VII)
- ❖ **Date** : 11th of August, 2026 (Tuesday)
- ❖ **Time** : 9: 30 AM

Your cooperation in ensuring the successful conduct of this programme shall be highly appreciated.

Dr. Zahida Rasool
(Medical Officer, IUST)

Dr. Ruheela Hassan
(Dean Outreach)

Dr. Monisa Qadiri
(Dean of Students)