

## ISLAMIC UNIVERSITY OF SCIENCE & TECHNOLOGY, AWANTIPORA, KASHMIR OFFICE OF

## **DIRECTORATE OF PHYSICAL EDUCATION & SPORTS**

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## **Notice**

It is notified for information of the employees and students who have registerd for the International Day of Yoga on 21st of June 2022, are hereby requested to assemble in the IUST Park right infront of the Administrative Block at 9:30 am sharp for Yoga session.

Kindly come in track suits or loose fitting dress recommended for the Yoga session.

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(Dr. Hilal Ahmad Rather)
Assistant Director
Physical Education & Sports