



**ISLAMIC UNIVERSITY OF SCIENCE & TECHNOLOGY**  
AWANTIPORA, KASHMIR

**DEAN OF STUDENTS**

## **NOTICE**

The Office of the Dean of Students is going to organize Webinar on “Mental Health” on World Mental Health Day and **Dr. Harshdeep Joshi** will be delivering lectures on **11<sup>th</sup> & 12<sup>th</sup> October 2022 at 01: 00 - 01: 30 PM** on the below mentioned topics:

1. **11<sup>th</sup> October, 2022- “Make Mental Health for All, A Global Priority”**
2. **12<sup>th</sup> October, 2022- “Social Media, sleep patterns and psychosocial stressors among youth”**

In this connection, all the faculty members /staff / scholars / students who are interested to participate in the said webinar are hereby directed to join the below mentioned link on the above mentioned date / time.

MeetingID: 922 0281 5710

Passcode: 400446

<https://zoom.us/j/92202815710?pwd=QmQxOGFNZGIDeURSOTM2UGNIekY1Zz09>

Sd/-  
(Dr. Anisa Jan)  
**Dean of Students**

No: *IUST/DoS/Webinar\_ Mental Health/Notice/22/1246*

Dated: *07-10-2022*