ISLAMIC UNIVERSITY OF SCIEN &TECHNOLOGYKASHMIR
DIRECTORATE OF PHYSICAL EDUCATION &SPORTS

NOTICE

Subject: Celebrating Fit India "Sundays on Cycle" – 98th Edition on 15th November 2026.

It is hereby notified for the information of all students that the Directorate of Physical Education & Sports, IUST, is organising the **98th Edition of Fit India "Sundays on Cycle"** event on 15th November 2026 under the theme **"Children's Day"**, as part of the nationwide Fit India Movement. The event is being organised by the Association of Indian Universities (AIU) in collaboration with the Sports Authority of India (SAI) nationwide.

The programme will comprise a cycling activity and allied fitness activities, with the objective of promoting physical fitness, healthy lifestyles and awareness about the importance of regular physical activity.

Students having their own bicycles are encouraged to bring them along and participate in the event. All students are encouraged to participate enthusiastically and make the event a success.

Interested students are informed to register their names at the office of the Directorate of Physical Education & Sports on or before 13th November 2026 (Friday) by 4:00 PM.

Sd/-
(Dr. S. Iqbal Quraishi)
Officer Incharge (DPE&S)

No. IUST/DPE&S/26/365
Dated: 12-11-2026

Copy to: -

- All Heads/ I/c Heads/Principals/Directors of the Departments/Colleges/Centers.
- Special Secretary to Vice Chancellor for the kind information of the Hon'ble Vice Chancellor.
- Officer Incharge DPE&S
- Sr. Proctor for kind information & necessary action.
- P.A to Registrar for the kind information of Registrar.
- PR Cell with the request to upload the same on the University Website.
- File.

12/11/26

(Dr. Hilal Ahmad Rather)
Assistant Director
Directorate of Physical Education & Sports