



*Public Relations and Media Centre*

---

September 26, 2023

***Health Talk on Endocrine Disruptors organized at IUST***

Awantipora, Sept. 26 - The Medical Centre at IUST hosted a Health Talk on Endocrine Disruptions in collaboration with Paras Hospital Srinagar. The event was aimed to inform the students about endocrine disruptors and promote health awareness.

Dr. Mahroosa, endocrinologist and senior consultant at Paras Hospital, Srinagar was the main speaker of the program. She spoke about the endocrine disrupting chemicals and their potential impact on human health. She encouraged students to adopt healthy lifestyle patterns as a means to mitigate exposure to these disruptors.

The program was presided over by Prof. Mohammad Ayoub Qadri, Dean School of Health Sciences, who commended the pivotal role played by the health centre in disseminating crucial health awareness among students at IUST emphasizing the importance of informed and healthy choices.

Dr. Zahida Rasool, Medical Officer Health Centre of IUST, affirmed the centre's commitment to organizing similar events in the future.

***Issued by PR&MC, IUST***