

CENTRE FOR DISASTER RISK REDUCTION Islamic University of Science and Technology

Do's and Don'ts For Floods

Floods can be dangerous, but being prepared and knowing what to do can save

Before a Flood (Preparation):

Do:

- Know if you live in a flood-prone area.
- Monitor weather reports and flood alerts regularly.
- Prepare an emergency kit with essentials (water, food, flashlight, first-aid, radio, medicines, documents).
- Keep important documents in a waterproof container.
- Elevate electrical appliances and valuables above expected flood levels.
- Learn evacuation routes and have a family communication plan.
- Install check valves in plumbing to prevent floodwater backup.

Don't:

- Don't ignore flood warnings or alerts.
- Don't wait until the last minute to evacuate.
- Don't block drains or water flow paths around your home.
- Don't build on floodplains without proper safety measures.

After a Flood (Recovery):

Do:

- Return home only when authorities declare it safe.
- Clean and disinfect everything that got wet.
- Check for structural damage before entering buildings.
- · Wear protective clothing during clean-up.
- · Boil drinking water until declared safe.
- Photograph damage for insurance claims.

Don't:

- Don't consume food or water that may have come in contact with floodwater.
- Don't use electrical appliances until they've been inspected.
- Don't ignore mold growth—clean or remove damp items quickly.
- Don't spread misinformation—follow official channels.

During a Flood (Action):

Do:

- Move to higher ground immediately.
- Evacuate if instructed by authorities without delay.
- Stay out of floodwaters—they may be contaminated or electrically charged.
- Turn off utilities like gas and electricity if safe to do so.
- Keep listening to weather updates on a battery-powered radio.

Don't:

- Don't walk, swim, or drive through floodwaters.
- Don't touch electrical equipment if you are wet or standing in water
- Don't use bridges over fast-moving water if they may be unstable..

