

Course Title: Skills in Medical Social Work Practice.

Course Code: MCS1403-MD

Course Type: Multidisciplinary

Credits: 3 (3-0-0-0)

Max Marks: 100

Course Objectives:

- Understand the scope and role of clinical social work
- Learn basic helping and counseling skills
- Understand assessment and case formulation, ethical and culturally sensitive approaches

Learning Outcomes: The students will be able to:

- Introduce students to the principles and skills of clinical social work practice.
- Develop competence in interviewing, psychosocial assessment, and mental status examination (MSE).
- Equip students with knowledge of therapeutic interventions and crisis management.

Detailed Syllabus

Unit 1: Foundations and Perspectives in (Medical) Social Work (15 Hours)

- Introduction to medical social work, Meaning, Scope, Role of (medical) social workers in mental health and medical settings.
- Professional values, Ethics and Therapeutic use of self
- Theoretical Foundations (psychodynamic, Humanistic, Cognitive behavior, Ecological Perspectives-Introduction)
- Human behavior, psychosocial functioning and strengths.
- Contemporary perspectives in (medical) social work.

Unit 2: Interviewing, Assessment and Crisis Intervention (15 Hours)

- Client Interviews: Engagement, Rapport Building, Questioning and Active Listening
- Psychosocial assessment: history taking, genogram, eco-map, identifying strengths and needs.
- Mental Status Examination (MSE): structure, domains, and documentation.
- Case recording and reporting skills.
- Referral process and inter-personal collaboration;

Unit 3: Therapeutic Interventions in Social Work (15 Hours)

- Counseling and various therapeutic techniques (Psychodynamic, humanistic, CBT, Gestalt therapy, Existential- introduction).
- Crisis Intervention: Principles, Steps; Trauma / Substance Abuse

A series of handwritten signatures in blue ink, likely from faculty members, are written across the bottom of the page. The signatures are stylized and vary in length, with some appearing to be names like 'Shah' and 'Tant'.

- Therapeutic group work: stages, techniques, and applications (e.g., support groups, psychoeducation groups).
- Family interventions and psychoeducation.
- Case vignettes and role plays in therapeutic contexts

Suggested Readings:

- Ahuja, N. (2011). A short textbook of psychiatry (7th ed.). Jaypee Brothers Medical Publishers.
- Barker, R. L. (2014). The social work dictionary (6th ed.). NASW Press.
- Bhatt, S. (2012). Social work practice: The Indian perspective. Rawat Publications.
- Kar, N. (2018). Handbook of psychiatry for social work professionals. NIMHANS Publication Division.
- Mathew, G. (2014). An introduction to social case work. Roshni Nilaya Publications.
- Roberts, A. R., & Ottens, A. J. (2005). The seven-stage crisis intervention model: A road map to goal attainment, problem-solving, and crisis resolution. Brief Treatment and Crisis Intervention, 5(4), 329–339.
- Saleebey, D. (2013). The strengths perspective in social work practice (6th ed.). Pearson.
- Shulman, L. (2015). The skills of helping individuals, families, groups, and communities (8th ed.). Cengage Learning. Additional reading
- Desai, M. (Ed.). (2006). Mental health and social work. Rawat Publications.
- Hepworth, D. H., Rooney, R. H., Rooney, G. D., Strom-Gottfried, K., & Larsen, J. A. (2017). Direct social work practice: Theory and skills (10th ed.). Cengage Learning.

Shahid

Shahid

Shahid

Shahid

Shahid