



# ISLAMIC UNIVERSITY OF SCIENCE AND TECHNOLOGY KASHMIR

## *Centre for Wellness Health*

The ***Anti-Ragging Week Celebration*** commenced today at the Islamic University of Science and Technology (IUST) with the aim of fostering a safe, inclusive, and respectful campus environment. The programme is being organised by the Proctor's Office, in association with the Dean of Students and the Centre for Wellness Health, as part of the University's continued commitment to preventing ragging and promoting student welfare.

The inaugural session was chaired by the Dean Academic Affairs, **Prof A.H Moon** who underlined the importance of collective responsibility in eradicating ragging from educational institutions. The Chief Guest, **Ms. Urfa Aijaz**, Prosecuting Officer, Pulwama, delivered a detailed address on the legal framework governing anti-ragging measures. She explained the relevant rules and laws, the strict penalties associated with the offence, and the lasting psychological harm it can inflict on victims. Ms. Aijaz also highlighted the crucial role played by the Counsellor of the Centre for Wellness Health in providing emotional support, counselling, and rehabilitation to affected students, thereby helping them cope with trauma and regain confidence.

In his remarks, the Senior Proctor **Dr. Hashim Rasool** emphasized the proactive role of the Proctor's Office in maintaining discipline, safety, and harmony across campus. He elaborated on the ***do's and don'ts*** for students, encouraging them to remain vigilant, report any untoward incidents promptly, and contribute to a culture of mutual respect and care. He also urged faculty, staff, and peers to work together in identifying early signs of harassment or distress and to intervene appropriately.

This week-long celebration will feature interactive sessions, awareness drives, and student engagement activities aimed at sensitizing the campus community about the consequences of ragging and the importance of empathy, respect, and mental well-being. The session was moderated by Counsellor **Ms. Urooj Manzoor**, who highlighted the pivotal role of the **Centre for Wellness Health** in addressing student concerns and promoting overall well-being.

Coordinator